



EGORF2008 in Funchal (Madeira)

Festival Rules

Golden Oldies Rugby Playing Laws for EGORF 2008

This is Golden Oldies Rugby and the fun, friendship and fraternity that is Golden Oldies motto must be evident at all times.

The following Festival playing laws have been approved by the European Golden Oldies Rugby Festival 2008 Steering Committee:

All players must be correctly attired for Golden Oldies Rugby at all times including footwear. (Low profile studs or grass sport shoes).

These Golden Oldies rules do not permit offside play or unsportsmanlike behaviour and have been designed to increase the enjoyment of the game, eliminating over-vigorous play and minimising the chances of injury.

The normal rules of Rugby as per the International Rugby Board (IRB) - Under 19 laws - shall apply with the following variations:

All 8 forwards must remain bound in the scrum until the ball has been cleared.

The halfback must not follow the ball around the scrum.

There must be no pressure scrummaging or movement of the scrum. (i.e. non-contested set-scrums)

There shall be no striking against the head by hookers.

Defending players may kick the ball only in their own 22.

In lineouts all 8 forwards must take part. All lineouts shall be set (no quick lineouts). No supporting (lifting) of jumpers is permitted.

Teams scoring a try shall also restart the game by kicking the ball to the non-scoring team.

Unlimited substitution of players.

Players must observe the offside rule, particularly that of remaining behind the hindmost foot at rucks, mauls and scrums; lineouts to a minimum of 10 metres.

The game shall be played over two 20-minute periods.

No player may run more than 20 metres before passing the ball.

All players must observe the restrictions on tackling 'older' players. These are identified by coloured shorts.

Captains will be responsible for the behaviour of their players.

Other variations may be organised at the discretion of both captains and the referees.

Coloured Shorts

35 to 59 years Club or red shorts If a player is wearing red shorts in this category it means he does not want to be tackled to the ground or pushed off his feet. Any player in red shorts may be 'held' in the spirit of GOR but NOT tackled.

60 to 64 years Red shorts Can be held but not brought to the ground.

65 to 69 years Gold shorts Not to be tackled or held, may be touched and opponents may stand in front.

70 to 79 years Purple shorts Not to be touched or obstructed in any way.

80 + years Special Committee shorts Not to be touched or obstructed in any way.

N.B. Club shorts are the normal coloured shorts worn by the club. These MUST NOT be red or gold or purple in colour.

Levels of Competitiveness*

EGORF is a Festival of Golden Oldies Rugby and NOT a tournament. The results of games

are not listed. ALL teams are winners as long as they participate in the spirit of Golden Oldies Rugby; Fun, Friendship and Fraternity.

That being said, there is room for differing level of competitiveness. Teams will be grouped according to their choice of competitiveness to ensure that everyone plays the sort of game they want.

Competitive - for teams consisting mainly of players 35-50

Semi-competitive - for teams consisting of payers with half over 50

Fun - for teams with only a few under 50 and various over 60

* This is intended as a rough guideline to indicate what teams can expect to meet at these levels in terms of opposition. It does not preclude a team of 36-year olds opting for 3. Play should be adjusted accordingly.
